

### November 2018—ssue 3





### From The Superintendent's Desk — By Dr. Plas

Thanksgiving is my favorite holiday of the year! It is a time for us to focus on all the positives in our life and give thanks. Like many others, I can get trapped in worrying about what is next, what would make life easier, and comparing to others but forget to give the proper amount of gratitude for the many gifts for which we have been blessed. With that said, here a few things I am thankful for at Lakeview:

- Some of the best students of any school system in the state of Nebraska
- A wonderful, caring staff that puts students first
- The Lakeview community that will do anything to help the district
- A supportive Board of Education with a deep passion for Lakeview
- A support staff that is second to none
- Amazing administrative assistants that do so much behind the scenes for our students
- A maintenance crew that keeps our buildings clean and safe
- A school nutrition staff that provides excellent meals every day to our students

It is nice to spend a day giving thanks for all of the positives in our life! I truly hope you and your family have a wonderful Thanksgiving!

#### **Annexation Information**

The recent annexation by the city of Columbus of the Country Club Shores area set into motion state statutes that trigger a change in school district boundaries. State statutes dictate that when a city annexes a territory the school district boundaries shift to the city school system. These statutes also allow the school systems involved to negotiate terms regarding the student educations, taxing shift, and community plans. Columbus Public Schools and Lakeview Community Schools took the opportunity to sit down several times to try and negotiate what was best for their individual districts, patrons, and the residents of Country Club Shores affected by the annexation.

As with all negotiations, there are two sides to the story. It was in the best interest of Columbus Public to retain the rights to the Country Club Shores area because property taxes are a more stable funding source than state aid. In addition, they are currently educating 21 of the 25 students that live in the neighborhood. Lakeview wanted to protect its boundary and keep the district lines as they are currently written. In addition, their funding will now be more reliant on state aid through option enrollment instead of the more reliable source of property taxes.

Both school districts spent time talking about wanting to do what was best for the Country Club Shores residents because we felt for them having such a large change in taxes in such a short period of time. But also wanted to try and find a solution that would be best both short and long term for the individual school districts. There was no perfect solution, there was nothing that was going to match everyone's need, and there was nothing that was going to make everyone happy. It just wasn't possible in this unique and challenging situation.

But after meeting several times an agreement was reached! Lakeview and Columbus Public agreed to delay the shifting of the Country Club Shores territory into the CPS district for two years. This will mean the students will not become CPS resident students until the 2021-2022 school year and the tax shift from the LCS rate to the CPS rate will not take place until January 1<sup>st</sup>, 2022. In addition, any students currently in a school system will be allowed to finish in that same school system. This solution is not perfect but was the best possible agreement that could reached with this difficult scenario.

### In This Issue

Superintendent's Message	1
In & Around Lakeview Jr/Sr High	2-14
In & Around Shell Creek Elementary	15-16
In & Around Platte Center Elementary	17-18
In & Around St John's Lutheran School	19
In & Around Christ Lutheran School	19
In & Around Lakeview Community	20-27

### In & Around the Jr/Sr High School...

### Is Your Child Vaping?

Dear Parent(s)/Guardian(s),

Lakeview much like many other schools in the area, continue to deal with incidents involving student vaping. Complicating this issue is that there is varying information and misunderstandings involving vaping and/or electronic cigarettes. The purpose of this letter is to inform you of the issue, give you resources if you feel your student is involved in this kind of behavior, as well as alert you to repercussions if your child engages in vaping on school property. We take this issue very seriously due to the negative health effects vaping can have on our students and often find that our parents are often not aware of the risks around vaping and what the devices may look like.

Vaporizers/e-cigarettes come in all different shapes. Some common styles we see look like a thick pen, a stylus for an iPad, a flash drive, or a small flask with a round chimney coming off the top. The devices are very small and can easily be hidden on a person or blend in with normal backpack items. The nicotine juices for these items are often fruit flavored. Like cigarettes, stores cannot sell vaping items to people under the age of 18. However, students report they purchase the devices online or buy from older siblings, friends, or unfortunately even parents.

Vaping in school or being in possession of a vape materials may result in school suspension time for students.

The Surgeon General reports that nicotine is addictive and can harm brain development, which continues until about age 25. We know that using nicotine may make it harder for school related tasks such as learning and concentration. In conversations with students, it appears that many are not aware of the harmful effects of vaping. Students either say they use nicotine-free liquid or that it is safer than tobacco cigarettes.

Here are some helpful resources you can use to talk to your kids about vaping. If you feel your child has already developed an addiction to nicotine, we suggest you reach out to your health care provider.

https://truthinitiative.org/news/4-things-parents-need-know-about-juul-and-nicotine-addiction

https://www.cdc.gov/tobacco/data\_statistics/sgr/e-cigarettes/index.htm

https://www.bedfordma.gov/sites/bedfordma/files/file/file/nida-ecig infographic2016.pdf

We hope you find this letter informative and understand our concerns about this potentially harmful issue. Our goal is to partner with parents to help support our students in making positive decisions for themselves and the high school community. We encourage you to have a conversation with your child(ren) about this topic. Thank you for your continued support of our school system.

Steve Borer Principal 7-12



### **SENIOR PICTURES DUE NOW!**

It's time to submit **senior pictures** for the 2018-2019 yearbook! Please submit headshots to Mrs. Schatz at <a href="mailto:kschatz@lakeview.esu7.org">kschatz@lakeview.esu7.org</a>. Specifications for submission are below. If we do not receive a picture for your senior student by February 1, 2019, we will use the headshot taken for school pictures. These pictures will be used for the yearbook, for the senior slide show, and for the Columbus Telegram.

### **Senior Photo Submission Requirements:**

- CD or email the image to be used (kschatz@lakeview.esu7.org)
- JPG Format
- Cropped vertically
- No special effects (soft focus, b/w, sepia, etc...)
- Submission due by February 1, 2019

# FFA

### Lakeview FFA Update

### **Husker Harvest Days**

On the 12th of September the FFA Chapter took a trip to Husker Harvest days. Students who attended took the opportunity to talk with industry professionals. Everyone who attended completed the scavenger hunt set forth by the University of Nebraska-Lincoln



and CASNR. Attendees learned much about the agricultural field and brought that information back to our community.

### FFA Day at the Zoo

On the 26th of September sophomore through senior members who sold a minimum of \$200 of fruit in 2017 took a trip to the Henry Doorly Zoo. Members had the opportunity to relax and be rewarded for exceeding the 2017 goal by over \$10,000. The trip also gave members initiative to sell fruit in the 2018 season.



### **Fruit Sales**

The 2018 fruit sales season kicked off on the 3rd of October. The session will run until the 30th of the month. Members are encouraged to sell fruit to pay for their expenses throughout the year. If you or anyone you know, would like to purchase fruit, please reach out to any FFA member. Thank you for your continued support of Lakeview FFA.

### Corn Maze

The Lakeview FFA Chapter will be running a kid-friendly corn maze on the 20th of October from 3-6pm for kids and families for free will donation. There will be many fun games for all ages. Please join us for an evening of fun!

### Farm to Table Grill Out

On the 4th of October the FFA Chapter teamed up with the school lunch program to bring a delicious meal to students. Beef was donated by Dale and Judy Dicke Feedyard and was processed into hamburgers. These hamburgers were then grilled by FFA members and lunch staff and were served for lunch. We extend many thanks to Dale and Judy Dicke Feedyard, for allowing this great event to take place.

### **Upcoming Dates:**

October 20- Harvest Heroes

October 23rd-27th- National FFA Convention

November 5th- Labor Auction

December 3rd- District LDE Contest

## HIDDEN HEROES

### Helping Hands | Touching Hearts

She arrives at 8 a.m. and starts her schedule in 8th grade social studies. She then goes to seven different classrooms throughout the day. As the day ends for everyone else, she reports to the detention room for monitor duty. With only a 30 minute lunch break, this is Mrs. Sherri Johnson's life as a para. Paras have a tremendous impact on students' everyday lives. Throughout the Lakeview Community School district, there are forty-six paras.

The position of being a para serves many roles; they are classroom assistants, detention monitors, or librarian assistants. Many of the paras in the district are responsible for assisting a variety of students throughout the day.

Platte Center para, Mrs. Joan Wemhoff said, "I am active in at least three to four classrooms; each of which may have fifteen to twenty-five students. I arrive at 7:15 a.m. and don't leave the school until 3:30 p.m. everyday."

Wemhoff speaks on all para's behalf by saying that in her seven years as a para, her most essential role is the impact she has on a child's life. Just knowing that students have the ability to confide in her truly warms Wemhoff's heart.

Shell Creek Elementary principal, Mr. Doug Kluth, agreed that paras make a huge difference in students' lives, "Even with their extremely complicated schedules, the paras still find time to create bonds with the children."

The paras in the Lakeview school district are more than hard working. They go above and beyond to make sure that Lakeview students are getting the best education they can. Many students find that the paras stretch further than just the classroom and even help them with their day to day lives; they would be lost without them. Simply put, without the paras, Lakeview would not be the same. Paras everywhere are changing lives one smile at a time.





LAKEVIEW HIGH SCHOOL JOURNALISM VOL. 2 NOVEMBER 2018

Congratulations to Humberto Adame for being selected as the Junior High Viking Way-August Student of the Month!

Humberto demonstrated positive character by encouraging his classmates and treating them with respect. Nice job Humberto!

# Students of the Month





Cadge stepped up as a leader and helped his teacher and classmates during a fire drill. Way to go Cadge!

## ARTIST OF THE MONTH



Our artist of the month is Alex Pacheco a senior in Drawing class. Alex's parents are Rosa and Rosario Pacheco. Students worked on a two point perspective drawing of a street sign for several weeks. When asked for a comment about his art work Alex said, "Its trippy."



Lakeview Mentee, Hailey Reynoldson was asked to talk about her experience with TeamMates at the 2018 United Way General Campaign Kickoff luncheon on Wednesday, September 12 th at the VFW. Hailey is a junior at Lakeview High School and has been a part of the TeamMates program since the fall of 2013. She & her current mentor, Tiffany Egger, have been paired together since the fall of 2016. Hailey wrote a speech about the Power of Being a Mentor for her persuasive speech assignment for her speech class last school year. We are proud to say that she got an A+ on the speech! Thank you, Hailey, for sharing your inspiring testimony with everyone!

TeamMates is one of the 15 agencies that receives funding from the Columbus Area United Way. Donations to the United Way help support Team-Mates students like Hailey as well as many other great causes in the community. TeamMates is always looking



# Attention Current 7th graders and 8th graders Travel to Washington D.C. May 2019

## Price per student \$1700 Price per Adult \$1900

ROUND-TRIP TRANSPORTATION

**Hotel Accommodations** 

Overnight Security

Meal and all Gratuities

Guided Tour and Activities: Including White House, Lincoln Memorial, Capitol, Mt. Vernon. WWII memorial, Vietnam memorial, Martin Luther King Jr.

Contact Audrey Blaser at ablaser@lakeview.esu7.org in interested in going.

On October 12, all of the high school art classes got to watch a pottery demonstration by local professional potter, Greg Schatz! Greg also happens to be married to Lakeview's sophomore English teacher, Mrs. Schatz. Greg demonstrated on the clay wheel for 3-D Design, both Art Intro classes



and Drawing class. He explained and showed how to make a two quart pitcher, a bowl, a vase and a plate. We are lucky to have had this great opportunity - thanks Greg!

### LHS Counselor Update

### Mrs. Rambour

Lakeview High School was awarded a College Access Grant through the EducationQuest Foundation. This grant will provide \$30,000 over the next four years to be used to promote college and career readiness for our 9-12 graders. I have many exciting events and activities planned in our first year for students to take part in. Below are a couple activities that we have planned and are looking forward to this semester.

October 18th: Manufacturing Day: Seniors and juniors will be able to tour three Columbus manufacturing businesses. Space is limited and students must sign up in the counseling office.

October 19th: Apply to College Day for Senior Students: Not only will students be able to have help applying for college, but several college representatives will be at Lakeview to answer questions and help students apply and find scholarship related to the school of their choice.

October 22nd: Financial Aid Presentation for Senior Students- Parents are welcome to attend. Education quest will be getting students started with signing up with a FSA ID. Students should come prepared with the following information: full legal name, social security number and email address(not a school email).

October 30th: Latino Youth Summit

**November 5th:** CCC Representative at Lakeview

**November 14th:** Doane University College Visit (Junior and Sophomore students)

### Mrs. Rambour's Website:

Please use the following website for up to date information related to scholarships, test information, upcoming dates and events, graduation requirements and courses offered at LHS, forms, presentations and financial aid information.

https://sites.google.com/lakeview.esu7.org/counselingcenter

### **Scholarships:**



Several scholarships have been posted onto my website and have been emailed to your students through their Lakeview gmail account. Another great resource for students in applying for scholarship would be <a href="https://www.educationquest.org/resources/scholarshipquest/">https://www.educationquest.org/resources/scholarshipquest/</a>
EducationQuest posts over 2,000 state and local scholarship for Nebraska students.

Mrs. Rambour Lakeview High School Counselor prambour@lakeview.esu7.org (402) 564-8518



@MrsRambour



Students visited the Mechatronics department at CCC



LHS Juniors and Sophomores attended a college visit to the University of Nebraska- Kearney on September 14th. We learned about the admissions process, program and degrees that UNK offers, toured the campus and ate lunch in their cafeteria.





On September 19th, Lakeview hosted our first College Access Day. Students were assigned to 8 different sessions throughout the morning depending on their grade level. Students heard from Nebraska College Reps about admissions, scholarships, extra curricular activities and everything their campus had to offer them. Along with the ten Nebraska colleges that were represented, staff and community members such as UNL Extension and the Lakeview Education Foundation were here to run sessions related to scholarship, the ACT, John Baylor Test Prep, study skills and time management and planning for their future.

Images are from the following sessions: Nebraska Wesleyan, Doane University and UNL Extension



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			2018 October Counseling Calendar	alendar		
	1 FAFSA Opens	2 Juntos Program at 5:30	8	4 EPP @ CCC	5 Army National Guard @ lunch	9
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		Juntos Program at 5:30	PSAT	RESPECT Program	Apply2College Day info sheets due	
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	22	23	24	25	26	27
	9:00 Financial Aid Program for seniors	Juntos Program at 5:30				ACT
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November 2018 Counseling Calendar			2	14 College Visit @ Doane University	21	28
			9	13	20	27
			5 CCC Rep. at 3:15	12	19	26
	*Yellow= Scholarship Application	DUE	4	н	18	25



FBLA officers at Fall Leadership Conference in Omaha

### **National Fall Leadership Conference**

The 2018 – 2019 officer team along with selected members have been chosen to attend the National Fall Leadership Conference to be held in Chicago, IL. This conference provides officers and students the opportunity to enhance their leadership skills and explore the city of Chicago. Opening/closing sessions and workshops are presented by well-known, inspirational, and motivational speakers to prepare FBLA members for years to come.

### **Local Business Tours**

This years Local Business Tours was held at Poppy's Pumpkin Patch, Mercy Meals, and Orphan Grain Train on October 16th. 40 students participated and are enjoyed bringing back the childhood memory of going to the pumpkin patch while learning about the marketing and finance business practices. Food meals were prepared at Mercy Meals and volunteer work was done at Orphan Grain Train. Both locations gave a presentation on the financial implications the organizations incur.

### **Food Feud**

The annual Lakeview vs. Scotus food feud was once

again a huge success! On October 5th, during the Lakeview vs. Scotus football game, we collected cans or cash donations for this event. All donations that were donated, were given to local food banks & to start a food bank here at Lakeview. The total amount of cans/cash donations collected was over 2,200, and the Lakeview FBLA chapter captured the win again! If you donated, thank you so much for your generosity!

### Blue Pride Cards are In!

One of the many things that Lakeview FBLA is known for is our Blue Pride Cards. They are such a great fundraiser for our chapter, and they sell themselves! We still have cards available, so if you haven't gotten one yet, contact Mrs. Dlouhy, any officer, or any member. Cards are \$10 a piece.

### **Upcoming Events**

October 9	<b>Monthly Meeting</b>
October 9	<b>Concession Stand</b>
October 16	Fall Business Tour
November 1-4	National Fall Leadership Conference
November 10	Dodge the Cancer Dodgeball Tournament
November 13	Christmas for Our Troops

### **Leadership Team**

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# Education Quest Foundation College Planning Bulletin

A monthly college planning guide for Nebraska high school students

November 2018

### Seniors...a reminder of what to do this fall

There's A LOT going on right now with the financial aid and college admission processes, but don't get overwhelmed! Here's a recap of tasks you should complete this fall to stay on track to college.

#### Complete the Free Application for Federal Student Aid (FAFSA)

- First, create an FSA ID for you and one for a parent at <u>fsaid.ed.gov</u>. You'll need it to access and sign the FAFSA. Click here for instructions.
- Review our <u>FAFSA Checklist</u> for a list of items to gather before you start the form.
- Complete the FAFSA at <u>fafsa.gov</u>. You may also complete it via the new myStudentAid app for iOS and Android.
- For free help with the FAFSA, see <u>FAFSA Tools</u> at EducationQuest.org or call EducationQuest to make an appointment: Omaha – 888.357.6300, Lincoln – 800.303.3745, Kearney – 800.666.3721, or Scottsbluff – 800.303.3745, ext. 6654.

### Apply to your top college choices

If you attend one of nearly 200 Nebraska high schools holding *Apply2College* events this fall, you'll get help (or already have) with your applications. If not, <u>here are steps</u> you should take to apply.

Retake the ACT and/or SAT. Colleges use your best scores for college admission and scholarships.

**Get** serious about applying for scholarships. See <u>ScholarshipQuest</u> at EducationQuest.org for Nebraska-based scholarships and a list of national search sites.

### Juniors...start researching colleges

If you narrow your college choices by the end of your junior year, your senior year will be less stressful. Here's how to get started:

**Review <u>College Profiles</u> at EducationQuest.org** for information about colleges in Nebraska and across the country. If you're interested in an out-of-state school, check out the <u>Midwest Student</u> Exchange Program to learn about tuition discounts.

**Meet with college representatives** who visit your school, and then visit the websites of the colleges that interest you to learn more about the schools.

Once you've narrowed your choices, <u>schedule campus visits</u>. Try to visit in the spring of your junior year while colleges are still in session.

For more tips, see the Selecting a College section at EducationQuest.org.

### You app-solutely need this to stay on track to college!

EducationQuest's new app will give you easy access to tools like *Activities Resume*, *College Profiles*, *College Timeline*, *Reality Check*, *and ScholarshipQuest*. There's also a calendar that will guide you through college-planning steps - and you can personalize it with your own tasks.

Download the app and encourage your friends to do the same! <u>Apple Android</u>

### November "To Do" List

Seniorscomplete these tasks in November to stay on the path to college: Complete the FAFSA. Apply to your top college choices. Download the EducationQuest app. Register by November 2 for the December 1 SAT. Register by November 2 for the December 8 ACT.	
Juniors complete these tasks:  Research colleges that interest you.  Take a prep course for the ACT college entrance exam.  Download the EducationQuest app.	

#### For free help with college planning, contact EducationQuest Foundation:

Omaha	Lincoln	Kearney	Scottsbluff
402-391-4033	402-475-5222	308-234-6310	800-303-3745 ext. 6654
888-357-6300	800-303-3745	800-666-3721	

#### **EducationQuest.org**

Follow us on Facebook, Twitter and Instagram!

Your Journey to College Begins with Us





### Notes from the Vocal Music Department

The vocal department of Lakeview High School is proud to announce that the following students auditioned for, and were accepted into, the Hawkfest Honor Choir:

Emily Cunningham – Soprano I
Emilee Price – Soprano I
Maggie French – Soprano II
Maddingly Splittgerber – Alto I
Paxton Lusche – Alto I
Halla Paschold – Alto II
Isaac Aguilera – Bass I
Ethan Goldfish Vinson – Bass II

This honor choir was hosted by the Northeast Community College in Norfolk, Nebraska. These vocal students spent one full day in rehearsals and then presented a concert on the evening of Monday, October 22<sup>nd</sup>. Congratulations to these vocal music students.

### **Tidbits from the Technology Department**

### Kaleb Buck Receives

## Northeast Community College Scholarship



Left: Dr. Wade Herley, NECC Dean of Business and Technology. Right: Kaleb Buck, Lakeview Senior

Wednesday, October 3, 2018 marked the annual Cyber Security Software Development Summit at Northeast Community College, Norfolk, Nebraska.

Concurrent sessions were presented throughout the morning including topics such as offensive hacking, and web design. The day also included campus tours, lunch and a tee shirt.

Prior to the departure back home a senior scholarship drawing was held. Through a student-designed app, the computer selected two students to receive a \$1000 scholarship to attend Northeast. Kaleb Buck, a senior at Lakeview was one of those lucky

### -Jan Went, Instructor

recipients. Although Kaleb's college plans are still undecided, she is planning to major in cyber security, ultimately becoming an "offensive hacker."

### **MOS Testing to Begin**

Information Technology Applications students will get their first opportunity to become Microsoft Office Specialists. The first round of testing will be over Microsoft Word. Watch for results in next month's newsletter.

### Microsoft Office 365 Available for Free Download!



Lakeview students and staff are able to download Microsoft Office 365 on their home computers using their school e-mail address as verification that they are students or staff of Lakeview Community Schools.

Students and parents can go to the following web site and follow the on screen instructions to download Office 365 on up to five devices, Windows or Macintosh:products.office.com/en-us/student/offic e-in-education

Apps included in the download include Microsoft Word, Microsoft Excel, Powerpoint, Outlook, Exchange Online, OneDrive, Publisher, Microsoft Access, Skype for Business, InfoPath, SharePoint and Microsoft Teams.



### In & Around Shell Creek Elementary School...

# 5th Grade

On Sept. 20, Cornhusker Public Power came to share with the 5th graders the importance of power safety. Students learned about the difference between insulators and conductors and what some of them look like on power poles. They also demonstrated many electrical mistakes that happen in and around neighborhoods and homes. A lineman even climbed a telephone pole outside the school for us, after showing us the different parts of their work gear they wear. Thanks for coming out Cornhusker Public Power! Our students are now much more knowledgeable and can help their families be safer around electricity and power units.



On Sept. 20, the Platte County 4H Extension Office came to share with the 5th graders the different types of leaves/trees in Nebraska. Students learned about the different ways to classify leaves by observing their different parts, structures, and colors. They were able to observe many different samples of leaves from different types of trees and compare them with each other. Students were then able to make leaf prints with their leaf samples. Thanks for the learning



# Shell Creek Elementary





















### In & Around Platte Center Elementary...

### Platte Center Student Council:

The following students have been elected to the Student Council for the 1<sup>st</sup> Semester:

4<sup>th</sup> Grade: Alex Santos, Mia Purinton, Emerson Mohrman 5<sup>th</sup> Grade: Skott Holyoak, Kaylee Bartak, Ortencia Mendes

6th Grade: Ana Jimenez, Jasmin Jimenez, Alec Langan, Eli Pilakowski, Kaylee Moore

Our Student Council is very active at Platte Center Elementary. Some of the activities they sponsor are: Red Ribbon Week, and Adopt-a-Highway. <u>They have candy sales to help pay for field trips</u>. Please support the Student Council!



### And the Viking Way Award goes to......

Platte Center Elementary is looking for students who exhibit the "Viking Way" characteristics of academics, character and mindset. The winner will receive a certificate and a locker magnet. Our 1st award winner is Kaylee Moore. Kaylee is a new 6th Grade student at Platte Center. She is a hard worker and always willing to help. She has a smile on her face and has a mindset of continuing to work hard. Her teachers and paras say, "She is a joy to work with!" Congratulations Kaylee!

### And the Viking Way Award goes to...

McKenna DeLancey displays all the "Viking Way" characteristics: Even though McKenna has been through a lot, she has continued to have a positive attitude and a smile to go with it! She has a passion for learning and takes pride in her work. Congratulations, McKenna!



#### **Beef in Schools**

On Thursday, October 4, Mr. Witt and 3 high school FFA members grilled hamburgers for "Beef in School" day. Smells of grilling wafted through the gym, creating an atmosphere of a backyard barbecue. Thank you to Stan Rosendahl for lending us his deluxe grill, thank you to Mr. Witt and the FFA members, and thank you to the donors of the beef! The kids **loved** the burgers!!!





### Troupe Encourages Respect!

5<sup>th</sup> and 6<sup>th</sup> graders were presented a very timely message from 3 actors on Respect and Bullying. The troupe from Omaha acted out several different scenarios depicting forms of bullying and how to respond as a target or a bystander. A group discussion, led by the actor-educators prompted roll playing by our students. For more information, visit <u>respect2all.org</u>





### In & Around St. John's Schools...

Greetings from St. John's! We enjoyed our all school annual field trip to Seward for the Plum Creek Festival. We got to hear and learn about well-known authors and some of us purchased books. We had a phenomenal time!

We are all excited to celebrate Oktoberfest in our school gym, Sunday, October 21!

In Preschool we have been learning about fire safety and visited the Columbus Downtown Firehouse! We had a wonderful time learning about and seeing not only a big fire truck but also an ambulance. Thank you to the Fire Fighters and EMT's that work so hard to keep us safe!

In the Little Room (K to 2nd grade) we are busy learning our math facts. It's more fun to learn them if we get to sing them!

In the Middle Room (3rd to 5th grade) we have started our first actual writing assignment in English. We went to Seward and listened to Chris Grabenstein, who has inspired us in our writing process!

In the Big Room (6th to 8th) we have been busy learning as well. We have started Confirmation this month. We went to Pawnee Park for Orienteering and GPS activities. We learned through various games and challenges on how to use a compass and GPS. We had so much fun, the weather was nice that day too!

We are all excited to attack our 2nd Quarter goals with Accelerated reader and our grades!

### In & Around Christ Lutheran Schools...

On October 12, Mr. Eric Lundsford, an LCMS photojournalist for the LCMS Communications magazine, Engage, visited Christ Lutheran School. Christ Lutheran School along with Lutheran High Northeast in Norfolk will be featured in his article about Lutheran parochial schools in Nebraska. He visited each classroom as well as attended Chapel service. He interviewed our 8<sup>th</sup> Graders, Kavan Splittgerber and Mark Buhman, to get a student's perspective. We look forward to seeing the article in print.





The first quarter is over, and we celebrated stu-

dents who met their AR goal for this quarter. The following students met their goal: (Front row) Elijah Wilke, Jack Richards, Harwin Williams, Jaxton Oltman, Jacob Marxsen, Gentry Klug, Audri Splittgerber, Kaelyn Frese, Briggs Klug, (Middle Row) Ellie Frese, Emma Splittgerber, Grace Stromberg, Elliot Luckey, Timmy Scriven, Kade Goedeken, Jaxon Bell, Colton Marxsen, (Back Row) Samia Muhle, Rory Korte, Kavan Splittgerber, Isabella Stromberg, Isaac Stromberg, and Brody Splittgerber. Not pictured: Kodee Luckey, Bailey Frese, and Max Muhle. Congratulations to all of our super readers! Keep up the great work!

October 18-19 the CLS teachers will be attending the Lutheran Educator's Conference at Concordia Junior/Senior High School in Omaha. They will be attending workshops on the latest methods in education as well as listening to keynote speakers on The 7 Habits of Highly Effective People, Character Formation, and Reaching Generation Z. We thank God for giving us this opportunity to grow in the knowledge of Him and this vocation in which He has placed us.

### In & Around Lakeview Community...

### Senior & Junior Parents – Post Prom Information Prom-April 6<sup>th</sup> with Post Prom to follow

MARK YOUR CALENDARS: NEXT MEETING: November 6<sup>th</sup> at 7 pm in HS Cafeteria.

Parent involvement is what makes Post Prom a success! **If you plan on** working at Post Prom, we ask that you serve on a committee or help with the fundraisers. We realize everyone is BUSY, but hopefully you can look at your schedule and find some time to volunteer. Please check the Lakeview website for updates, under the Community tab.

Thank you from the steering committeel Jaci Tessendorf (402) 276-2411, Jodi Behlen (402) 910-1907, Melissa Foltz (402) 910-6998, Kara Johnson (402) 276-6842 and Lori Van Cleave	
(402) 659-8265	

### Junior-Senior Parent Donation For Lakeview High School Post Prom April 7<sup>th</sup>, 2019

Please consider donating to the Post Prom fund with a monetary gift of at least \$25.00. We are asking all Junior and Senior parents, grandparents or willing Lakeview patrons to donate. Your donation will be used to purchase food and gifts for Post Prom for all junior and senior students in attendance. Please drop your contribution in the mail to: Lakeview Community Schools, Attn: Post Prom Committee, 3744 83rd St., Columbus, NE 68601

I am willing to donate \$ child to have a safe and fun event to	towards the 2018 Lakeview Post-Prom and help my attend following the JrSr. Prom on April 6th 2019.
Patron Name(s)	



#### Dear Parents,

Did you know that children who are active and eat right are more likely to do better in school, feel good about themselves and live longer? It's true.

Within the last year we have been working to create a healthier environment for our students. The Lakeview Wellness Policy Team encourages you to support our school wellness policy implementation. We currently have a variety of ways to offer healthy food choices throughout our school-in the school meal programs, vending machines, classroom celebrations and at school-sponsored events. We are also supporting nutrition education and physical activity. Here is a few of the things your students could become involved with to become a healthy student.

- \*Morning Weights
- \*Jump for Heart
- \*Fun Runs
- \*Viking Venture
- \*Sports Activities
- \*Eating a Nutritious Breakfast
- \*PE/Health & FCS classes teaching Healthy Food Choices and ways to become Active

Our team meets quarterly and we welcome anyone with an interest in student health to attend. You can find information about meetings on our school website.

If you have questions or comments, please feel free to call me at 402-564-8518 or send an email to jsloup@lakeview.esu7.org.

Sincerely,

Jenny Sloup



Food Manager

◆ Oct 2018		Ž	November 2018	∞		Dec 2018 ▶
Sun	Mon	Tue	Wed	Thu	æ	Sat
Fruit &Veggie bar offered daily.				<b>1</b> Chicken Fajita Rice Steam veggies	<b>2</b> Chili soup Crackers Cheese Cinn roll	3 All Beef was donated From Dicke FeedYard
4	<b>5</b> Stir fry meal Rice Broccoli Fortune cookie	<b>6</b> Max sticks Tri –Potato Peas&carrots	7 Hamburgers Chips cookies	8 Baked pasta Bread stick Green beans	9 Chicken nuggets Cheesey potatoes Roll	10
<b>₹</b>	<b>12</b> Pizza Cal –blend w/ cheese Rice crispy treat	<b>13</b> Rib Patty Baked beans Chips	14 Popcom chicken Mashed potatoes Corn Roll	<b>15</b> Tater tot casserole Roll cake	<b>16</b> Corn dogs Mac cheese Peas	17
<b>8</b> 2	19 Breaded Pork on a bun Scalloped potatoes com	<b>20</b> Thanksgiving meal	21 Chicken noodle soup crackers Harn& cheese sandwich	<b>22</b> No School	23	24
<b>25</b> We encourage parents to join their student for breakfast or lunch	<b>26</b> Quesadilla Hash browns corn	<b>27</b> Chicken Alfredo Bread stick Green beans	<b>28</b> Meat ball subs Chips cookie	<b>29</b> Walking tacos Rice Broccoli	30 BBQ Pork on a bun Baked beans Agratin potatoes  Calendars from WinCalendar	30  BBQ Pork on a bun Baked beans Agratin potatoes Agratin potatoes  Mebraska Schools Schools  More Calendars from WinCalendar. Dec 2018. Jan 2019. Feb 2019



United States Department of Agriculture

### MYPLATE GUIDE TO

# SCHOOL BREAKFAST

for Families



#### FRUITS

A full cup of fruit is available every day, providing nutrients that are important for kids' health, such as potassium, dietary fiber, vitamin C, and folate (folic acid).





Kids and teens need the calcium, protein, and vitamin D found in milk for strong bones, teeth, and muscles.



### **VEGETABLES**

Every breakfast does not include vegetables, but schools may offer them in place of fruits.





Starting every day the whole grains way gives kids and teens B vitamins, minerals, and fiber to feel fuller longer so they stay alert to concentrate at school.



### **PROTEIN FOODS**

Some breakfast menus may offer items such as eggs, nuts, or meats to pair with whole-grain options.



Visit teamnutrition.usda.gov for additional tips and activities.





# HOW DOES SCHOOL BREAKFAST HELP FAMILIES?



#### **Fuels learning**

Kids and teens can concentrate on their schoolwork better when they're not hungry. Studies show that kids do better in school when they eat breakfast.



#### **Provides better nutrition**

Studies show that people who eat breakfast have higher intakes of dietary fiber, B vitamins, calcium, iron, and other nutrients.



#### Saves time

School breakfast can simplify mornings for families by offering kids and teens healthy options that fit into their schedule.

### HOW CAN FAMILIES HELP THEIR CHILD EAT A HEALTHY BREAKFAST?

- Read the menu with your child to make sure your student knows about all the foods that are included in their school breakfast.
- Find out how your parent organization can work with school nutrition professionals to promote breakfast options at your school, such as Breakfast in the Classroom.



### Visit **Choosemyplate.gov/Families** for additional tips and activities for families.

The School Breakfast Program (SBP) provides cash assistance to States to operate nonprofit breakfast programs in schools and residential child care institutions. The USDA Food and Nutrition Service administers the SBP at the Federal level. State agencies administer the SBP at the State level, and local school food authorities operate the Program in schools.

Learn more at: www.fns.usda.gov/sbp/school-breakfast-program-sbp.

FNS-633 August 2016 USDA is an equal opportunity provider and employer.







### Lakeview

### November, 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sundy		, 45544		(FBLA) NFLC - Chicago	(FBLA) NFLC - Chicago (Vocal) Elkhorn Valley Junior High Choral Clinic TBD FB-Varsity TBD vs.	3 (FBLA) NFLC - Chicago TBD VB-Varsity TBD vs.
4 (FBLA) NFLC - Chicago	5 <b>6:30pm</b> (Band) Parents' Meeting @ Band Room 7:00pm (FFA) Labor Auction @ Cafeteria	(One Act) CCC - Festival hosted by St. Ed @ Central Community College- Columbus 8:00am-8:00pm Election Day @ Activity Entrance/Concessions Area 6:30pm WR-B/Middle School Norfolk Catholic 7:00pm Post Prom Meeting @ Cafeteria	7 Early Dismissal - 1:30PM - All attendance centers	4:00pm WR-B/Middle School Madison Public Schools	TBD	TBD 10:00am (FBLA) Dodge Ball Tournament @ Both Gyms
11	Start of Winter Practice 3:20pm (One Act) Viking Time Performance @ East Gym 6:30pm BB-G/7th Schuyler Community 6:30pm BB-G/8th Schuyler Community 8:00pm-11:30pm School Board Meeting @ Library	13 (Vocal) Hastings Honor Choir Audition Applications Due 4:00pm WR-B/Middle School Columbus 6:00pm (Awards Night) Football @ Cafeteria	14 Doane College Visit Day (Band) All State Band Clinic		16 (Band) All State Band Clinic	9:00am WR-B/Middle School Howells-Dodge 10:00am BB-G/7th York Middle School 10:00am BB-G/8th York Middle School
18	(One Act) @ Conference	20 TBD FB-Varsity TBD vs. TBD 6:30pm BB-G/8th Twin River 6:30pm BB-G/7th Twin River	21 Early Dismissal - 1:30PM - All attendance centers	No School K-12	23 No School K-12	24
25 6:00pm (Awards Night) Volleyball @ Cafeteria		27 <b>6:30pm</b> (One Act) Public Performance @ East Gym	28 <b>3:10pm</b> Winter Pep- Rally @ East Gym	4:30 pm BB-G/7th Aquinas Middle School - High School 6:15 pm BB-G/Varsity Crete 6:15 pm BB-B/JV Crete 6:30 pm BB-G/8th Aquinas Middle School - High School 8:00 pm BB-G/JV Crete 8:00 pm BB-B/Varsity Crete	30 7-12 Grade Early Dismissal 2:00pm WR-Varsity Lakeview vs. Multiple Schools	

### Step-by-Step

### Getting started with e~Funds for Schools





#### **MAKE A PAYMENT**

- 1. Sign into your account
- 2. Under Payment Options, click Make a

### **Payment**

- 3. Enter your Checking Account OR Credit/Debit Card information
- 4. Click Save
- 5. Return to Payment

### **VIEW PAYMENT HISTORY**

- 1. Sign into your account
- 2. Under **Payment Options**, click **View**

### **Payment History**

- 3. Your past 30-day history will be displayed
- 4. Click the drop down menu on the right to view payments for your current or previous school year

### CREATING A NEW ACCOUNT

- 1. Visit the website that was provided to you by your school district
- 2. Click on Register Here
- 3. Provide requested information
- 4. Click Sign Up! after you have read and agreed to the Terms of Service and Privacy Policy
- 5. You will be brought to the Student Management web page
- 6. Use the Student Number you school has provided, along with your student's last name. Click **Add**.
- 7. Once all students have been added, click Continue or Continue to Account Overview.

#### SCHEDULE PAYMENTS

- 1. Sign into your account
- 2. Under Payment Options, click Make a Payment
- 3. Select the student for whom you wish to make a payment
- 4. Enter the dollar amount you would like to deposit for each student
- 5. Select the date on which you would like to make your payment
- 6. Click Continue
- 7. Verify your payment information is correct and accept convenience fee(s)
- 8. Click Submit
- 9. Print receipt for your records

#### ADD LOW MEAL BALANCE PAYMENTS

- 1. Sign into your Account
- 2. Under Account Settings, click Student Management and select Low Meal Balance
- 3. Enter a Minimum Balance and Replenish dollar amount
- 4. Check the box under **Notice** to receive emails when your student's account is low
- 5. Check the box under Auto Replenish to automatically have the

**Replenish Amount** added to your student's account when the balance is low.

6. Click Apply Low Meal Balance Settings

## Support Lakeview Viking History...

## **BUY A BRICK!**

For all those fans who wish to become a permanent part of Lakeview High School history and continue to building the Viking tradition, we offer a unique opportunity. Be a part of the most distinctive feature of the Lakeview Athletic Complex...the "VIKING WALK OF PRIDE". The entrance to the newly renovated stadium will consist of personalized bricks which will form a walkway for our fans. The walkway, to be named the "VIKING WALK OF PRIDE", will capture the LHS tradition of excellence. Viking athletics have produced some outstanding athletes. Now, the "VIKING WALK OF PRIDE" provides a unique opportunity to leave an enduring symbol of your support for Lakeview High School Athletics.

YES! I want to be a part of Viking History with a personalized VIKING W	ALK OF PRIDE brick!
Purchaser's Name	
Address	
City, State, Zip	
This is a SURPRISE gift. (Do not send acknowledgement letter.)	
Send acknowledgement letter to:	
Purchaser's Name	
Address	
City, State, Zip	
Print information exactly as you would like it to appear, noting there are a mbe the name of your company, a special message or something more creative.	
4" X 8" Standard size, impri	ted: \$100.00
<del></del>	

Maximum of 14 characters per line (including spaces) - 3 lines. If you wish to order more than one brick or would like your bricks placed next to a friend's brick or with a group of bricks, your orders MUST BE PLACED TOGETHER! All contributions are tax deductible to the extent allowed by law.

All profits from this sale will be used for the construction and maintenance of a new track. ALL STATE PLAYERS! There will be a spot reserved for you along the main entrance.

#### **ORDER YOUR BRICKS TODAY!**

#### **CHECK OR MONEY ORDER**

Enclose your check or money order along with this form in an envelope and mail to:

LAKEVIEW HIGH SCHOOL FOUNDATION (TRACK)

3744 83rd Street

COLUMBUS, NE 68601